

Advent Calendar

Reflecting on the Year of Jubilee Being a Pilgrim of Hope



Nov 30 Thank God for the Breath of life and reflect on how you breathe out the love of God	Dec 1 Read Exodus Chp. 3 & 4. Reflect on how Moses responded to the call of God and what he accomplished	Dec 2 What is one gift you would like for Christmas?	Dec 3 Reflect on the fruits of the Holy Spirit: Love & Joy	Dec 4 Look under Catholic Saints Feast Day. Read about one of 17 saints whose feast day it is today.	Dec 5 Fast from using anything electronic for 24 hours	Dec 6 Feast (the opposite of Fasting) on using electronic devices to communicate, in person, or on the phone, with those you haven't spoken to in a long time.
Dec 7 Thank God for the Gift of the Holy Spirit and reflect on how you have allowed that Spirit to guide you	Dec 8 Read Jonah chp 1. Reflect on how Jonah responded to the call of God and what he accomplished	Dec 9 What is one gift you can give away this Christmas?	Dec 10 Reflect on the fruits of the Holy Spirit: Peace & Patience	Dec 11 Look under Catholic Saints Feast Day. Read about one of 15 saints whose feast day it is today.	Dec 12 Fast from eating anything sweet for 24 hours	Dec 13 Feast (the opposite of Fasting) on sharing a meal with at least one other person. During the meal talk about what God has done for you.
Dec 14 Thank God for the ability to pray and talk with him. Reflect on how he has guided you	Dec 15 Read Jer 1:4-10. Reflect on how Jeremiah responded to the call of God and what he accomplished	Dec 16 What is one gift you would like to receive from Jesus?	Dec 17 Reflect on the fruits of the Holy Spirit: Kindness & Goodness	Dec 18 Look under Catholic Saints Feast Day. Read about one of 16 saints whose feast day it is today.	Dec 19 Fast from buying anything for yourself for 24 hours	Dec 20 Feast (the opposite of Fasting) on donating something to charity this day.
Dec 21 Thank God for all you friends and family and reflect on how you have been a loving individual	Dec 22 Read Acts chp 9. Reflect on how St. Paul responded to the call of God, and what accomplished.	Dec 23 What is one gift that you will be giving to Jesus this year?	Dec 24 Reflect on the fruits of the Holy Spirit: Faithfulness & Gentleness & Self-Control	Dec 25 CHRISTMAS Take some time today to learn about the real St. Nicholas of Myra	Dec 26 Fast from complaining or gossiping about others for 24 hours	Dec 27 Feast (the opposite of Fasting) on saying sweet things (compliments) to 10 different people today. Also say a prayer for each of this 10 people.

Dec 27 – Feast of the Holy Family and End of Year of Jubilee – Spend the whole day reflecting on the graces you have received in this last year, and thank God for every one of them.